

COMMUNITY RESOURCE GUIDE FOR ORANGE COUNTY



For further information on services listed or other services not listed, please call:

**Hoosier Uplands / Area 15 Agency on Aging
INFORMATION AND REFERRAL**

**(812) 849-4457
or 1-800-333-2451
www.hoosieruplands.org**



This resource guide was developed for the benefit of all:

Orange County Residents

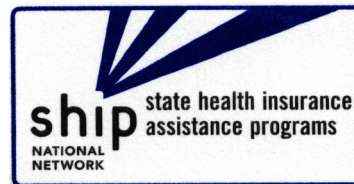
We do not claim to have listed all services available to the community, but hope to have listed programs which will meet your most immediate needs.

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The AgrAbility program serves farm families affected by disability through education and assistance. This free program is funded by the USDA. It’s about HOPE. For more information call 800-825-4274 or visit these websites below:
www.agrability.org www.breakingnewground.info



The State Health Insurance Assistance Program (SHIP) provides free, unbiased health insurance information for people with Medicare. SHIP provides tools and information to help you make decisions regarding your health care. It is a non-profit organization designed to provide unbiased assistance for seniors and pre-retirees to find answers to their health insurance questions. All of the services are free. Contact a SHIP Counselor at Hoosier Uplands at 800-333-2451 or 812-849-4457 or call the State Health Insurance Assistance Program at 800-452-4800.

INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services 800-333-2451 or 812-849-4457

Main Office

500 W. Main Street
Mitchell, IN 47446
800-827-2219
812-849-4447

Paoli Office

200 W. Court, Suite 3
Paoli, IN 47454
812-723-4607

Aging & Community Services Offices

521 W. Main Street
Mitchell, IN 47446
800-333-2451
812-849-4457

French Lick/West Baden Visitors Center

8106 W. State Road 57812-936-3418
West Baden, IN 47469

Orleans Chamber of Commerce

161 E. Monroe Street812-865-9930
PO Box 9
Orleans, IN 47452

Paoli Chamber of Commerce

210 W. Court Street812-723-4769
Paoli, IN 47454

Provides city maps, brochures, small business services and information about groups, organizations and businesses in Orange County.

CHILDREN'S SERVICES

4C of Southern Indiana866-200-5909
414 S.E. 4th Street, Suite 214812-423-4008
Evansville, IN 47713

Provides free services to families, community and child care providers in 28 counties in Southern Indiana. 4C supports families looking for child care with referrals to local legally operating child care providers. We assist individuals in becoming licensed child care providers. 4C also provides safe sleep training and education as well as monthly family workshops on a variety of early childhood topics. Visit online at: www.child-care.org

Children's Special Health Care Services

Indiana State Department of Health.....800-475-1355
2 N. Meridian Street, Suite 5C.....317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children (age birth to 21 years) who have serious, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

First Steps of Southern Indiana.....800-941-2450
215 Spring Street.....812-913-7333
New Albany, IN 47150

This is the Southern Indiana System Point of Entry. This program is for children, ages birth to 3 years, who are experiencing developmental delays and/or have a diagnosed condition that has a high probability of resulting in developmental delay.

Hoosier Healthwise Helpline800-889-9949

Hoosier Healthwise is a health care program for children up to age 19 and pregnant women. The program covers medical care such as doctor visits, prescription medicine, mental health care, dental care, hospitalizations, and surgeries at little or no cost to the member or the member's family. The Children's Health Insurance Program (CHIP) is for children up to age 19 whose families have slightly higher incomes. In CHIP, members are required to pay a low monthly premium for coverage as well as copays for certain services.

Hoosier Uplands Children's Services

Administrative Office800-827-2219
500 W. Main Street.....812-849-4447
Mitchell, IN 47446

Hoosier Uplands Children's Services offers opportunities and support for growth and change by providing a safe/healthy/nurturing environment where families, children, and staff members can realize their potential within the greater community.

Hoosier Uplands Head Start Office.....812-723-3687

414 W. Longest Street
Paoli, IN 47454

Early Head Start offers child development services to pregnant mothers and families with infants and young children birth to age three years. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized, comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

Head Start is a family centered child development program for three and four year old's. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child's first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. Families must meet income eligibility requirements.



Hoosier Uplands After School Program

..... 812-849-4447

The vision of the program is to assist children in achieving their potential through academic and social skills. Limited transportation is provided.

Orleans After School Program is a prepaid program serving 80 students. The program operates from afterschool until 5:45 p.m. every day that school is in session. Cost of the program is \$5 per week per student.

Springs Valley After School Program is a free program serving 50 students. The program operates from after school until 5:45 p.m. every day that school is in session.

Orange County WIC Program..... 812-723-3687

204 E. Main Street..... 812-723-4131
Paoli, IN 47454

The main purpose of this program is to offer supplemental foods, nutrition education and health care referrals for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. Our hours are: Tuesday 10:30 a.m. to 7 p.m.; Wednesday 8:30 a.m. to 5 p.m.; Friday 8:30 a.m. to 4:30 p.m.

Crisis Connection **Crisis Line** 800-245-4580
1500 S. Meridian Road, PO Box 903.....812-482-1555
Jasper, IN 47547

We assist abused women and their children with transportation to safe lodging. Provides support groups; New Babies and Natural Helpers program; domestic abuse education to schools; and information on legal and financial options. Legal and emergency room advocacy and transportation are available. Visit online at: www.crisisconnectioninc.org

Hoosier Hills Pact..... **Crisis Line** 888-883-1959
196 S. Court Street.....812-723-2621
Paoli, IN 47454

PACT, Inc. Victim Services Programs provides assistance and support to victims of intimate partner violence, sexual assault, and other violent crimes. Services may include crisis intervention, safety planning, information on legal rights and proceedings, assistance with filing Orders of Protection, and case management. Shelter services are also available by calling our 24-hour crisis line.

Indiana Department of Child Services (DCS)
Region 17—Orange County..... 812-723-3616
889 N. Gospel Street, Suite 3, P.O. Box 389
Paoli, IN 47454

The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption, and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

CRISIS SERVICES

Adult Protective Services..... **Hotline** 800-992-6978
806 Martinsburg Road, Suite 202..... 812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

American Red Cross 812-332-7292
Southeast Chapter

1600 W. 3rd Street
Bloomington, IN 47404

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; and one-family or community blood drives.

Indiana Department of Child Services (DCS)

Child Abuse and Neglect Hotline **800-800-5556**

All calls must go through the above number.

Do not call the local office or the police department to report child abuse or neglect.

Child Support Hotline **800-840-8757**

LifeSpring Health Systems 812-723-4301
488 W. Hospital Road
Paoli, IN 47454

LifeSpring provides a comprehensive array of mental health and primary care services: education, prevention, information, assessment, intervention, and treatment. We have group and individual treatment programs. We also provide drug/alcohol, bipolar, borderline, and grief counseling; outpatient counseling; and consultation case management.

Need Help—Call for Help!!

Orange Co. Emergency Management Agency
 205 E. Main Street, Suite 12.....812-723-7111
 Paoli, IN 47454

This office works in conjunction with the Indiana Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above about application information.

Youth Services Bureau of Monroe County
 615 S. Adams Street812-349-2506
 Bloomington, IN 47403

Emergency youth shelter; crisis intervention. We have youth and family counseling. The Binkley House Youth Services are open 24-hours a day; seven days a week.

EMERGENCY.....911

Hospitals:

IU Health Bedford Hospital..... 812-275-1200
 IU Health Paoli Hospital 812-723-2811
 St. Vincent Dunn Hospital..... 812-275-3331

Police Departments:

Orange County Sheriff 812-723-2417
 French Lick Police Department..... 812-936-9027
 Orleans Police Department..... 812-865-2222
 Paoli Police Department 812-723-2836
 West Baden Police Department..... 812-936-4614

EMPLOYMENT AND TRAINING

National Able Network, Inc...... 317-396-7800
 3737 N. Meridian Street, Suite 404
 Indianapolis, IN 46208

Originally founded as an advocacy agency to provide employment and training opportunities for older workers, Able has since expanded its scope to serve job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.

Orange County Purdue Extension Service
 205 E. Main Street, Suite 4..... 812-723-7107
 Paoli, IN 47454

Provides the latest information in agricultural production and management, food purchasing, storage, and preparation. We also have home decorating, consumer concerns, and 4-H youth programs.

WorkOne Paoli Express812-723-2359
 1075 N. Sandy Hook Road
 Paoli, IN 47454

WorkOne helps people find a new or better job, choose a career, find a good employee, access training, or get the information needed to succeed in today's workplace.

FOOD, CLOTHING, RENT, UTILITIES, HOUSEHOLD, ETC

Bread of Life Food Pantry812-849-3857
 815 W. Main Street
 Mitchell, IN 47446

The Mitchell Church of Christ Bread of Life Food Pantry is open to anyone in need of food who lives north of Mitchell to White River and to those south of Mitchell to Lost River in Orange County. Hours: Monday—10 a.m. to 12 Noon; Tuesday—1 p.m. to 3 p.m. On the 2nd Tuesday of the month the food pantry is open from 6 p.m to 8 p.m. Produce and other items may be limited during these hours.

Congregate Meal Site:

Orleans Senior Citizens Center
 1901 S. Orleans Way Street812-865-3352
 Orleans, IN 47452

This senior citizens center provides noon lunches to persons age 60 and over (on a donation basis) for the senior citizen and his or her spouse.

Hoosier Hills Food Bank812-334-8374

We have two programs to help those in need of food. Delivers food once a month. Call Hoosier Hills Food Bank for location, date, and time of delivery.

The USDA Senior Commodity Program

Must be 60 and over and meet income guidelines (130% or less of the Federal Poverty Level). You must call Hoosier Hills Food Bank to see if you qualify and to sign up to receive a free 40-lb box of food.

Families First Mobile Food Pantry

Serves anyone in need of food, free of charge.

Hoosier Uplands Energy Assistance Program

200 W. Court, Suite 3800-893-4191
 Paoli, IN 47454812-723-4607

Financial assistance for heating in winter is available through the Energy Assistance Program. Resident's income must meet at or below the Office of Management and Budget Poverty Guidelines.

Older Americans Services Corporation

.....812-865-3352
 1901 S. Orleans Way, P.O. Box 206
 Orleans, IN 47452

Provides noon meals at congregate meal sites. Home delivered meals provided to senior citizens age 60 and

delivered meals provided to senior citizens age 60 and over through Hoosier Uplands case management or private pay.

Orange County Community Food Pantry
812-723-3758
 728 W. Main Street
 Paoli, IN 47454
 Hours of operation: Monday, Wednesday, and Friday;
 10 a.m. to 12 Noon.

Orange Co. Division of Family Resources
 326 N. Gospel Street, Suite B800-403-0864
 Paoli, IN 47454
 The DFR is responsible for establishing eligibility for Medicaid, Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families benefits (TANF). The DFR also provides employment and training services to some SNAP and TANF recipients. Secondary services provided: Room and Board Assistance, Children’s Special Healthcare Need Services, and the Qualified Medicare Beneficiary (QMB) which pays Part B of your Medicare.

Paoli United Methodist Church 812-723-2965
 794 E. State Road 56
 Paoli, IN 47454
 Assists families with an emergency financial need— food, rent, medicine, and utility bill. Assists residents of Orange County.

Springs Valley Food Pantry.....812-936-4583
 3331 W. Highway 56 (Hotel Annex by Winery)
 West Baden, IN 47469
 We maintain a program that acquires food products through donations, canned food drives, food bank programs, or direct purchase, and distribute the food to people who are in emergency need of food. Call for request. Serves Springs Valley School District.

TOWNSHIP TRUSTEES

French Lick812-936-4618
 Greenfield812-338-2789
 Jackson.....812-936-7081
 Northeast.....812-865-3965
 Northwest.....812-936-4842
 Orangeville.....812-865-2340
 Orleans812-865-2803
 Paoli812-723-5689
 Southeast.....812-723-4424
 Stampers Creek812-653-4291

When monetary funds are available, your Township Trustee will provide emergency financial assistance for expenses such as rent, utilities, burial, etc. Call your Township Trustee to see if you qualify for help.

HANDICAPPED SERVICES

ADA—Indiana..... 812-855-6508
 2810 E. Discovery Parkway
 Bloomington, IN 47408
 The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Blue River Services, Inc. 812-738-2408
 1365 Old Highway 135
 Corydon, IN 47112

RBR Alliance
 1099 Marci Lane 812-951-0321
 Georgetown, IN 47122
 Provides a full range of developmental instruction for children and adults with vocation, job placement, and sheltered employment, as well as supervised group living and alternative families for adults. In-home services are also available.

Bosma Enterprises..... 866-602-6762
 6270 Corporate Drive..... 317-684-0600
 Indianapolis, IN 46278
 Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual’s employment, economic, social, and self-determination goals.

Children’s Special Health Care Services
 Indiana State Department of Health 800-475-1355
 2 N. Meridian Street, Suite 5C 317-233-1351
 Indianapolis, IN 46204
 CSHCS provides supplemental medical coverage to help Indiana families of children (age birth to 21 years) who have serious, chronic medical conditions and who meet the program’s financial and medical criteria, pay for treatment related to their child’s condition.

Division of Disability & Rehabilitative Services
 P.O. Box 7083, MS26 800-545-7763
 402 W. Washington Street, W453
 Indianapolis, IN 46207

The DDRS’s mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Developmental Disabilities Services, Vocational Rehabilitation/Employment, Bureau of Quality Improvement Services, and First Steps. Visit online at:
www.in.gov/fssa/ddrs



Hoosier Uplands/Area 15 Agency on Aging
 521 W. Main Street 800-333-2451
 Mitchell, IN 47446 812-849-4457
Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation;
Case Management—As advocates, Case Managers monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Options Counseling**—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, Title III, or Family Caregiver Respite; **Special Events**—Senior Events, Health Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Indiana Protection and Advocacy Services
 4701 N. Keystone, Suite 222 800-622-4845
 Indianapolis, IN 46205
 IPAS is a congressionally mandated, legally based disability rights agency. Our mission is to defend the human, legal, and civil rights of people with disabilities.

Indiana Vocational Rehabilitation Services
 125 E. 57th Street, Suite A 877-847-9896
 Jasper, IN 47546 812-827-5179
 Designed to increase employability of physically and mentally handicapped adults through counseling, medical service, prosthetic devices, education, vocational training, and more.

Kaiser Home Support Services 812-945-6868
 2633 Grantline Road
 New Albany, IN 47150
 Provides homemaking and attendant care through the Aged & Disabled Waiver. We also provide services through CHOICE, Title III, Social Services Block Grant, and Traumatic Brain Injury Waiver.

Southern Indiana Center for Independent Living
 1490 W. Main Street 800-845-6914
 Mitchell, IN 47446 812-277-9626
 SICIL works with all significant types of disabilities, and all ages. We also offer information and referral, independent living skills, peer counseling, and advocacy (ombudsman) with no fee. We promote a variety of outreach activities and promote programs regarding education, recreation, transportation, and housing for those with disabilities.

Hoosier Uplands Economic Development Corporation
“People Helping People”

Stephenson’s Disability Services 800-642-1339
 903 E. Main Street 812-945-2770
 New Albany, IN 47250

As a private company, we offer representation to persons who are filing and/or appealing claims to receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library 800-622-4970
 315 W. Ohio Street 317-232-3684
 Indianapolis, IN 46202

The TBBL provides digital audio books, large print books, and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

VA Medical Center—Richard L. Roudebush
 1481 W. 10th Street 888-878-6889
 Indianapolis, IN 46202 317-554-0000

VA Medical Center—Rex Robley 800-376-8387
 800 Zorn Avenue 502-287-4000
 Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don’t have one, you can request a copy from the VA.

Williams Bros. Health Care Pharmacy
 889 N. Gospel Street 800-487-3907
 Paoli, IN 47454 812-723-3907

Services Include: Pharmacy, Durable Medical Equipment, Respiratory Therapy, Over the Counter Medication, and Oxygen. Infusion Therapy and Safe Home Solutions are also available. Visit online at: www.williamsbrosparmacy.com

HEALTH SERVICES

American Cancer Society *Helpline* 800-227-2345
 If you’ve been recently diagnosed, or know someone who has, we’re here with answers, guidance, and support. We attack cancer from every angle. Donations help fund cancer research, education, advocacy and patient and family services. Visit online at: www.cancer.org

American Heart Association 800-242-8721
 National Center
 7272 Greenville Avenue
 Dallas, TX 75231
 Provides education, material, films, community service programs, healthy recipes, and cookbooks. Visit online at: www.heart.org

American Lung Association of Indiana
Lung Helpline800-586-4872
115 W. Washington Street317-819-1181
Suite 1180 South
Indianapolis, IN 46204
Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lungin.org

Ascension St. Vincent Dunn Hospital
1600 23rd Street.....812-275-3331
Bedford, IN 47421
Hospital services include: Bone Health, Diabetes Care, Digestive Diseases (Gastroenterology), Emergency Medicine, Heart (Cardiovascular), Home Care, Immediate Care, Maternity (Obstetrics), Pastoral Care, Radiology, Rehabilitation Therapy, Respiratory Care, Surgery, and Women’s Services. Visit online at: www.stvincent.org

Comprehensive Health Care812-723-3944
420 W. Longest Street, P.O. Box 270
Paoli, IN 47454
Comprehensive Health Care provides full service Family Medicine and Obstetrics. We are the sports-clinic for area schools, work closely with area specialists, and offer mental health counseling.

Crowder’s Healthcare Pharmacy800-439-9007
631 16th Street812-275-5949
Bedford, IN 47421
We provide hospital equipment, medical supplies, and oxygen equipment for the home. Free prescription delivery in Bedford, Oolitic, Mitchell, and Orleans. Diabetic counseling; needle disposal service; and scooters, lift chairs, and wheelchairs are also available. Visit online at: www.crowderspharmacy.com

EyeCare America **Helpline** 877-887-6327
Foundation of American Academy of Ophthalmology
P.O. Box 42909
San Francisco, CA 94142
Our public service programs provide eye care services to the medically uninsured low-income U.S. citizens and legal residents within the Continental U.S. who cannot afford eye care and for those at increased risk for eye disease. We are committed to the preservation of sight, accomplishing its mission through public service and education. Taking calls from 11 a.m. to 3 p.m. To find out if you qualify for the program that relates to you, visit online at:
www.aao.org/eyecare-america

Healthy Indiana Plan877-438-4479
The Healthy Indiana Plan (HIP) is an affordable health insurance program for uninsured adult Hoosiers. The program is sponsored by the State and only requires minimal monthly contributions from the participant. HIP is for uninsured Hoosiers between the ages of 19-64 who meet specific income levels. It offers full health benefits including hospital services, mental health care, physician services, prescriptions, and diagnostic exams. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care
500 W. Main Street800-827-2219
Mitchell, IN 47446812-849-4447
Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, social services, and home health aide services will be delivered to appropriate persons, in need of care in their home, under the direction of licensed professional personnel. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice.....812-827-2219
500 W. Main Street812-849-4447
Mitchell, IN 47446
Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Workers help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Indiana State Department of Health
2 N. Meridian Street.....800-382-9480
Indianapolis, IN 46204.....317-233-1325
The Indiana State Department of Health supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.
Office of Minority Health317-232-3231
Office of Women’s Health317-233-7056
Environmental Public Health Dept.317-233-7173
For other areas of information, call the toll free number listed above.

IU Health Paoli Hospital 812-723-2811
642 W. Hospital Road
Paoli, IN 47454

Specializing in rural community-based services, we provide the following: Air Ambulance Service, Cancer Services, Community Health, Emergency Services, Primary Care, Rehabilitation Services, Surgical Services, Visiting Specialist Services, and Obstetrics. Visit online at: www.iuhealthpaoli.org

IU Health Southern Indiana Physicians
8695 W. Jack Carnes Way #9..... 812-936-3900
French Lick, IN 47432

Family practice for residents of French Lick, West Baden, and surrounding communities.

Indiana Vocational Rehabilitation Services
125 E. 57th Street, Suite A 877-847-9896
Jasper, IN 47546 812-827-5179

Designed to increase employability of physically and mentally handicapped adults through counseling, medical service, prosthetic devices, education, vocational training, and more.

LifeSpring Health Systems812-723-4301
488 W. Hospital Road
Paoli, IN 47454

LifeSpring provides a comprehensive array of mental health and primary care services: education, prevention, information, assessment, intervention, and treatment. We have group and individual treatment programs. We also provide drug/alcohol, bipolar, borderline, and grief counseling; outpatient counseling; and consultation case management.

Limbs for Life Foundation 888-235-5462
9604 N. May Avenue 405-605-5462
Oklahoma City, OK 73120

Limbs for Life Foundation is a non-profit organization that provides prosthetic limbs for amputees who can't afford them in the United States. Must meet our eligibility requirements.

Living Well Home Care 812-849-6000
1490 W. Main Street
Mitchell, IN 47446

We offer in-home services such as attendant care, homemaker, and respite. Visit online at:

www.livingwellhomecare.agency

Orange County Health Department
205 E. Main Street
Paoli, IN 47454

Public Health..... 812-723-7113

Sanitation..... 812-723-7131

Vital Records 812-723-7112

Childhood immunizations are available. We have the

birth and death registry for certificates. We also provide onsite septic system permitting and food permits.

Patoka Family Healthcare Center888-425-9298
307 S. Indiana Avenue812-338-2924
English, IN 47118

The clinic provides basic ambulatory medical care for the entire family. Including, but not limited to: history; physicals; diagnosis; therapeutic prescriptions and treatment; immunizations; minor "office" surgery; patient education and monitoring; in-house CLIA Lab tests; heart monitoring; and referral service. Forms of payment: private insurance, Medicare, Medicaid, private pay, or sliding fee scale.

Serenity Now.....812-275-4053
2125 16th Street
Bedford, IN 47421

Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. We provide the following services: Individual and Group Therapy; Family Therapy; Substance Abuse Treatment; Smoking Cessation; Therapeutic Services available from the age of 3 and up; Psychiatric Medication Management available from the age of 12 and up; Treatment focusing on the concerns of the LGBTQ community. We accept most insurance policies and is fully accessible.

Valley Health Care.....812-936-2425
8163 West State Road 56, Suite A
West Baden, IN 47469

Primary care services continue to be offered as the practice extends it's range of services including: well-child exams, vaccinations, acute care, PFT Testing, sports physicals, and mental health counseling.

VA Medical Center—Richard L. Roudebush
1481 W. 10th Street888-878-6889
Indianapolis, IN 46202.....317-554-0000

VA Medical Center—Rex Robley.....800-376-8387
800 Zorn Avenue502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a cop of your DD214. If you don't have one, you can request a copy from the VA.

Williams Bros. Health Care Pharmacy
 889 N. Gospel Street 800-487-3907
 Paoli, IN 47454 812-723-3907
 Services Include: Pharmacy, Durable Medical
 Equipment, Respiratory Therapy, Over the Counter
 Medication, and Oxygen. Infusion Therapy and Safe
 Home Solutions are also available. Visit online at:
www.williamsbrosparmacy.com

HOUSING

Camelot Court Apartments.....812-849-2158
 2nd & Harding Street
 Orleans, IN 47452
 Must be 62 years or older, handicapped, or disabled.
 Government subsidized.

Camelot Court Apartments 812-936-2800
 556 S. Maple Street
 French Lick, IN 47432
 Must be 62 years or older, handicapped, or disabled.
 Government subsidized.

College Hill Apartments 812-723-0838
 1 College Hill Street
 Paoli, IN 47454
 All ages welcome. Rent is based on income.

Country Place Apartments 812-723-4584
 199 W. Wainwright Road, Apt. 31
 Paoli, IN 47454
 All ages welcome—subsidized/non-subsidized and
 handicapped accessible.

Edgewood Terrace Apartments 812-936-7166
 1011 S. Edgewood Drive
 French Lick, IN 47432
 Income-based apartments for individuals or families in
 the very low to moderate income bracket.

Hamilton Oaks Apartments 812-936-4665
 9673 W. State Road 56
 French Lick, IN 47432
 Designated family property. Section 8 vouchers
 accepted.

Hoosier Uplands Housing Counseling
 500 W. Main Street 800-827-2219
 Mitchell, IN 47446 812-849-4447
 Hoosier Uplands Housing Counseling provides free
 information/counseling for persons experiencing
 landlord-tenant problems, financial difficulties,
 and mortgage default/rental delinquency. Section 8
 program helps low-income families acquire and pay
 for rental housing. Landlord list for the county is also
 available. Call to make an appointment. Visit online at:
www.hoosieruplands.org

Lost River Place Apartments812-865-3653
 6402 N. Vance Street
 Orleans, IN 47452
 All ages welcome. Rent is based on income.

Oak Park Apartments812-865-2555
 151 E. Harrison Street
 Orleans, IN 47452
 Our apartment complex has 1 and 2 bedroom apartments.
 Elderly 62 or older or disabled. Pet friendly!

Paoli Heights Apartments812-723-4000
 176 E. Hospital Road
 Paoli, IN 47454
 All ages welcome. Rent is based on income.

Phoenix on the Square Apartments.....812-723-0808
 100 S.W. 1st Street
 Paoli, IN 47454
 All ages welcome. Rent is based on income.

Schoolview Heights Apartments812-936-4257
 8453 W. College Street
 French Lick, IN 47432
 Age 62 or older, disabled, or handicapped.

USDA Rural Development812-482-1171
 1486 Executive Boulevard Ext. 4
 Jasper, IN 47546
 USDA Rural Development provides loans and grants
 to eligible rural homeowners to improve or modernize
 their homes, to make them safer and more sanitary, or
 to remove health and safety hazards. Eligibility: Loans
 - very low-income homeowner; Grants - 62 years of
 age or older and very low-income homeowner. Visit
 online at: www.rd.usda.gov/in

Westgate Manor812-865-3839
 585 W. Harding Street
 Orleans, IN 47452
 Family property. All ages welcome. Wheelchair
 accessible. Rent is based on income. Accept HUD
 vouchers.

Windsor Manor Apartments.....812-723-3201
 1200 N. Daniel Lane
 Paoli, IN 47454
 Age 62 or older or disabled. Pet friendly! Accept HUD
 vouchers.

LEGAL SERVICES

Hoosier Uplands Area XV Agency on Aging
 521 W. Main Street800-333-2451
 Mitchell, IN 47446812-849-4457
 Our “Legal Referral Program” provides free legal
 services through our attorney to persons age 60
 and over for civil matters only that do not require

litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA) and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a “letter to creditors” or having a “name changed on a deed” are subject to approval during referral. Program is subject to yearly funding. This program has a waitlist.

Indiana Legal Services 800-822-4774
 214 S. College Avenue, 2nd Floor 812-339-7668
 Bloomington, IN 47404

Provides legal representation, consultation, and advice. Legal areas: Family Law, Consumer Law, Senior Law, Housing Issues, and Public Benefits. Free services are available to low-income persons who are at or below 125% (up to 200% in certain circumstances) of the poverty guidelines.

Office of the Indiana Attorney General
 Indiana Government Center South 317-232-6201
 302 W. Washington Street, 5th Floor
 Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:

ID Theft Unit 800-382-5516
Medicaid Recipient Fraud..... 800-446-1993
Patient Abuse & Neglect Program 800-382-1039

For other areas of information, call the Attorney General’s Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

Adult Protective Services **Hotline** 800-992-6978
 806 Martinsburg Road, Suite 202..... 812-883-5988
 Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

Duke Energy 800-521-2232
 P.O. Box 1326 **Electric Trouble** 800-343-3525
 Charlotte, NC 28201.... TTY/TDD Relay Service—711
 Special Assistance Programs include: Energy Assistance Program (EAP), Braille Bills, Helping Hand, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Pick Your Due Date. Visit online at:
www.duke-energy.com

Hoosier Uplands/Area 15 Agency on Aging
 521 W. Main Street 800-333-2451
 Mitchell, IN 47446 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation;

Case Management—As advocates, Case Managers monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment;

Legal Services—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney;

Options Counseling—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, Title III, or Family Caregiver Respite;

Special Events—Senior Events, Health Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Older Americans Services Corporation
 1901 S. Orleans Way, P.O. Box 206 800-258-8786
 Orleans, IN 47452 812-865-3352

Provides noon meals at congregate meal sites, home delivered meals, homemaker services, attendant care, and transportation.

SENIOR CENTERS

French Lick Senior Citizens Center 812-936-225
 8497 W. Main Street
 French Lick, IN 47432

Orangeville Senior Citizens Center 812-865-2852
 5155 N. County Road 500W
 Orleans, IN 47452

Dogwood Senior Citizens Center 812-865-3352
 1901 Orleans Way
 Orleans, IN 47452

Paoli Senior Citizens Center 812-723-4228
 119 S.W. 2nd Street
 Paoli, IN 47454

The centers are a place for seniors to gather to socialize. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips.

Southern Indiana Center for Independent Living Ombudsman Services
 1490 W. Main St. 800-845-6914
 Mitchell, IN 47446 812-277-9626

Our Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. We give in-service training to the nursing home staff regarding patients’ rights.

Veterans Affairs Office 812-723-3600
 County Office Building Ext. 7
 205 E. Main Street
 Paoli, IN 47454
 Provides information about and assistance with pensions, compensation, education, VA forms, and information regarding hospitals and nursing home for veterans and their spouses.

RECREATIONAL/CULTURAL

French Lick Scenic Railway..... 812-936-2405
 8594 W. State Rd. 56
 French Lick, IN 47432



The French Lick Scenic Railway is a tourist railway and museum. All aboard for a scenic 1 3/4 hour (18 mile) train trip through the Hoosier National Forest

and Southern train line. Special train rides such as the Wild West Train Robberies, The Polar Express, and other special events are held throughout the year. The French Lick Scenic Railway does have an admission charge, which varies by event. Visit online at: www.frenchlickscenicrailway.org

Melton Public Library..... 812-936-2177
 8496 W. College Street
 French Lick, IN 47432

The Melton Public Library is committed to enriching our community through access to information, entertainment, service and aiding the pursuit of lifelong learning in a welcoming environment. Our library offers extensive year round programming for adults and young people including a very active summer reading program.

Mitchell Opera House..... 812-849-4447
 217 N. 7th Street
 Mitchell, IN 47446

Originally built in 1906 and completely restored in 2015, the historic Mitchell Opera House enjoys a rich tradition of community events, film screenings and live music entertainment. Call for a listing of upcoming shows or visit online at: www.mitchelloperahouse.com.

Orleans Public Library 812-865-3270
 174 N. Maple Street
 Orleans, IN 47452

The mission of the Orleans Public Library is to inspire lifelong learning, advance knowledge, and strengthen our community. We provide general library services. We have story telling, crafts, and readiness games.



Knowledge can be gained by reading books.

Paoli Public Library 812-723-3841
 100 W. Water Street
 Paoli, IN 47454

Library Services Available: Books on Tape, CD, and DVDs. They have a genealogy section for local history. They also have computers and wireless internet access.

Patoka Lake Indiana..... 812-685-2464
 3084 N. Dillard Road
 Birdseye, IN 47513

Patoka Lake, located in Crawford County, offers fun for all. We have Camping; Fishing; Boating; Picnicking; Swimming; Hunting; Interpretive and Recreational programs; and a Visitors Center with Slide Shows, Film, Nature Hikes, and more. An entrance fee MAY be charged to enter the park.



Spring Mill State Park..... 812-849-3534
 3333 Highway 60E Inn 812-849-4508
 Mitchell, IN 47446

Spring Mill is filled with endless opportunities for recreation! The pioneer village is a delight as you travel through time to the early 1800's. Located in Spring Mill State Park, the Spring Mill Inn provides a "country atmosphere" with modern day accommodations.

SUPPORT SERVICES

Aging & Disability Resource Center 800-333-2451
 Hoosier Uplands Agency on Aging 812-849-4457

The ADRC provides information and assistance to individuals needing either public or private resources, professionals seeking assistance on behalf of their clients, and individuals planning for the future long-term care needs. The ADRC also serves as the entry point to publicly administered long-term supports including those funded under Medicaid, the Older Americans Act, and State Revenue Programs.

Albion Fellows Bacon Center..... 800-339-7752
 P.O. Box 3164..... **Domestic Assault** 812-422-5622
 Evansville, IN 47731 **Sexual Assault** 812-424-7273

We have an emergency shelter that is a short-term safe haven for individuals who have experienced sexual or domestic violence. Men, women, and their minor children are welcome. Services include 24-Hour crisis hotline; community education; sexual assault program; support groups; and referral/advocacy services. Legal advocacy and public speaking presentations are also available.

American Cancer Society 800-227-2345
 If you've been recently diagnosed, or know someone who has, we're here with answers, guidance, and support. We attack cancer from every angle. Donations help fund cancer research, education, advocacy and patient and family services. Visit online at: www.cancer.org

American Red Cross Southeast Chapter 812-332-7292
 1600 W. 3rd Street
 Bloomington, IN 47404
 Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; and health and safety classes (including CPR and first aid).

Bureau of Developmental Disabilities Services (BDDS)
 1452 Vaxter Avenue..... 877-218-3529
 Clarksville, IN 47131 812-283-1040
 Bureau of Developmental Disabilities Services provides services for individuals with developmental disabilities that enable them to live as independently as possible in their communities. BDDS assists individuals in receiving community supports and residential services using a person-centered plan to help determine which services are needed and who can best provide them. BDDS also monitors the quality of care and the facilities of those who are approved to provide these services in Indiana. Visit online at: www.in.gov/fssa/ddrs/developmental-disability-services

Centerstone Crisis Line 800-832-5442
 1315 Hillcrest Rd. 812-329-4950
 Bedford, IN 47421
 Offers consultation, counseling, and therapy services; case management; life skills; substance abuse programs; and *24-hour crisis services* for children, adolescents, and adults.

First Chance Center of Paoli
 986 W. Hospital Road, P.O. Box 267 812-723-4486
 Paoli, IN 47454
 The mission of First Chance Center is to promote abilities and provide opportunities for persons with disabilities or other barriers to fully participate in their community. We provide activities to increase daily living skills; opportunities to be involved in the community; employment for persons with and without disabilities; transportation; and job coaching. Visit online at: www.firstchancecenter.com



Hoosier Hills Pact.....*Crisis Line* 888-883-1959
 196 S. Court Street.....812-723-2621
 Paoli, IN 47454
 PACT, Inc. Victim Services Programs provides assistance and support to victims of intimate partner violence, sexual assault, and other violent crimes. Services may include crisis intervention, safety planning, information on legal rights and proceedings, assistance with filing Orders of Protection, and case management. Shelter services are also available by calling our 24-hour crisis line.

Hoosier Uplands Budget Counseling
 500 W. Main Street 800-827-2219
 Mitchell, IN 47446 812-849-4447
 The Budget Counseling service is available to assist persons at any income level to better manage their money and financial obligations. We will help you determine your financial situation and balance your budget. We will work with you to develop a spending plan. This service is free to any interested individual. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice 800-827-2219
 500 W. Main Street 812-849-4447
 Mitchell, IN 47446
 Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org.

Hoosier Uplands Housing Counseling
 500 W. Main Street 800-827-2219
 Mitchell, IN 47446 812-849-4447
 Hoosier Uplands Housing Counseling provides information/counseling for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Call to make an appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation
 521 W. Main Street 800-333-2451
 Mitchell, IN 47446 812-849-4457
 The mission of *The Angel Foundation* is to facilitate the fulfillment of a lifelong dream or wish for

ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual's physical, emotional, or spiritual well-being. The commitment of *The Angel Foundation* is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

Indiana Foreclosure Prevention Network
..... 877-438-4673

Think of 877-Get-Hope as your personal financial hotline. The 877-Get-Hope benefits are available to any Hoosier homeowner having trouble paying a mortgage. Free foreclosure prevention counseling by trained financial experts. Services include budgeting help, a written financial plan, or assistance in contacting the lender. Visit online at: www.877gethope.org

TRANSPORTATION

Indiana Department of Veterans Affairs
Veterans Affairs Office 812-723-3600
County Office Building Ext. 7
205 E. Main Street
Paoli, IN 47454

Through the Transportation Network, DAV volunteers drive sick and disabled veterans to and from VA medical facilities for treatment.

Older Americans Services Corporation
1901 S. Orleans Way, P.O. Box 206 812-865-3352
Orleans, IN 47452

Provides transportation to the elderly and disabled individuals for medical trips and shopping. Wheelchair lift van available to transport elderly and disabled individuals. Accepts Medicaid, private pay, or contract funding.

Orange County Transit Services 888-826-2920
986 W. Hospital Road 812-723-4043
Paoli, IN 47454

Medicaid Transportation is provided to Orange County residents and will take individuals to doctor appointments in Orange and surrounding counties. We will also accept cash or check. Non-medical transportation is also available for private pay. The transit office phone line is open Monday-Friday; 5:00 a.m. to 5:00 p.m. If you call after hours, you may leave a message. Please call at least 24-hours in advance to schedule a local trip. If you cannot call a day ahead, they will make every effort to accommodate your need.



**SPECIAL INTEREST
TOLL-FREE PHONE NUMBERS**

- Adult Protective Services 800-992-6978
- Alzheimer's Association 800-272-3900
- American Association of Retired Persons 888-687-2277
- American Cancer Society Helpline..... 800-227-2345
- American Diabetes Association..... 800-342-2383
- American Heart Association 800-242-8721
- Centers for Disease Control Information Line 800-232-4636
- Child Abuse or Neglect Hotline..... 800-800-5556
- Consumer Protection Division 800-382-5516
- Disability Determination Bureau 800-622-4968
- Eldercare Locator (nationwide)..... 800-677-1116
- Family & Social Services Administration.... 800-403-0864
- Habitat for Humanity International..... 800-422-4828
- Healthy Indiana Plan..... 877-438-4479
- Home Health Hotline..... 800-227-6334
- Indiana Department of Veterans Affairs 800-400-4520
- Indiana Poison Center..... 800-222-1222
- Medicare 800-633-4227
- National Center for Missing and Exploited Children..... 800-843-5678
- National Kidney Foundation of Indiana 800-382-9971
- National Runaway Safeline 800-786-2929
- Office of the Long Term Care Ombudsman 800-622-4484
- Social Security Administration 800-772-1213
- Substance Abuse/Mental Health Helpline.... 800-662-4357
- U.S. Department of Veterans Affairs Regional Office..... 800-827-1000
- U.S. Veteran's Administration Medical Centers
Richard L. Roudebush 888-878-6889
1481 W. 10th Street
Indianapolis, IN 46202
Rex Robley 800-376-8387
800 Zorn Avenue
Louisville, KY 40206



521 West Main Street
Mitchell, IN 47446

All Hoosier Uplands services are provided
without regard to sex, race, color, age,
religion, national origin, ancestry, sexual
orientation, gender identity (or expression),
disability or veteran status.